

# 海陵区二〇二二年适应性训练试题

## 九年级 英语

(考试时间: 120分钟 满分120分)

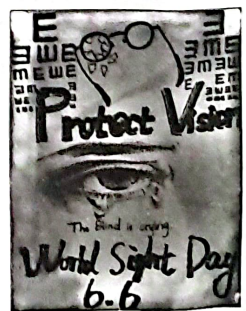
请注意: 1. 本卷分选择题和非选择题两个部分。

2. 所有试题的答案均填写在答题卡上, 答案写在试卷上无效。

### 第 I 卷 非选择题 (61 分)

一、单项选择 从下列每题所给的选项中, 选择一个最佳答案。(共 10 小题; 每小题 1 分, 满分 10 分)

1. --- When I travel abroad, cultural differences often trouble me.  
--- The book, *letters from all around the world*, must help you improve the \_\_\_\_\_.  
A. condition    B. introduction    C. information    D. situation
2. --- I believe that a clean hand wants no washing.  
--- Maybe, sometimes it is better for us to \_\_\_\_\_ ourselves in a proper way.  
A. expect    B. express    C. exercise    D. excuse
3. --- The competition will begin soon, and Paul looks very \_\_\_\_\_.  
--- Oh, everyone can see victory on his face.  
A. impatient    B. nervous    C. confident    D. worried
4. Walking exercise may be boring \_\_\_\_\_, but doing it on a early sunny morning can be nothing finer.  
A. in time    B. at a time    C. on time    D. at times
5. --- The number of monarch butterflies has fallen by over 80% over the past 20 years.  
--- If we do \_\_\_\_\_ to protect them, there may be none left of the greatest natural wonders soon.  
A. anything    B. something    C. nothing    D. everything
6. It \_\_\_\_\_ that vitamin E plays an important part in preventing the diseases, but cannot cure them.  
A. takes out    B. finds out    C. turns out    D. stays out
7. --- Missing sleep during the week \_\_\_\_\_ be made up by more sleep on weekend.  
--- Exactly, and weekend catch-up sleep is a total lie.  
A. needn't    B. mustn't    C. shouldn't    D. can't
8. What does the poster suggest?  
A. World Sight Day helps to protect eyes.  
B. We should be kind and protect visitors.  
C. We should protect our eyes on June the 6<sup>th</sup>.  
D. Wearing broken glasses may make you cry.
9. --- Taizhou Sports Park is the main site of the 20<sup>th</sup> Provincial Games. Could you tell me \_\_\_\_\_?  
--- From the City Centre? About 20 minutes' bus ride.  
A. how people can get there    B. how soon it will be in service  
C. how far the sports park is    D. how long it takes to walk there



10. --- According to a new study, our love for jeans may be bad for the earth.

--- \_\_\_\_\_ and we are supposed to buy fewer jeans and wash them less often.

- A. That's not the case      B. I don't think so      C. I can't agree more      D. That's not right

二、完形填空 阅读短文,从每题所给选项中选出可以填入空白处的最佳选项 (15 分)



"The real journey of discovery is not in exploring new landscapes, but in having new eyes." I have forgotten where I read the words, but I didn't catch its real meaning until a hot summer afternoon.

Several days 11 that afternoon, I happened to learn about a museum called McNay in a magazine. It used to be the home of a(n) 12 named Marian McNay. To share her works with more people, she had asked the community to turn it into a museum. The story of the museum 13 me and I couldn't wait to invite Sally to the museum with me. Before starting our trip, she asked, "Do you have the 14?" "Yes, of course. That is double one zero on New Braunfels Street."

Although there were no signs outside on the building, we 15 found it. The museum was free. But just as we entered, the people in the hall 16 talking in a sudden and all stared at us.

"May I help you?" a well-dressed young lady asked politely. "Oh, thank you. We're fine."

Sally had gone upstairs. The people in the hall seemed 17, keeping their eyes on me all the time. "What was their problem?" I wondered.

While I lost myself in the beauty of those attractive works of art, the same voice came into my ears, but this time it seemed a little bit unpleasant. "18 do you think you are?" "The McNay Art Museum! What's up?" "Sorry, young lady, the McNay Museum is not at No. 101 but No.110." Seeing my confused(困惑的) looking, she continued, "Well, it's my 19, No. 101, New Braunfels Street." I was shocked by what I heard. I embarrassedly(尴尬地) went to the stair and called out, "Sally! Come down, 20!"

"There's some really good stuff up there." She stepped 21, looking confused. I pushed her towards the front door, saying, "We are so sorry, but you have a really wonderful house." "That's OK. But didn't you find out you had 22 my house for the McNay Museum you would have gone to?" "Oh, well, haven't you realized how 23 your home is? The fine paintings, artistic sculptures are all around, and even the elegant furniture seems like pieces works of art."

The lady said nothing, looking around her house quite carefully 24 it had been the first time she visited the house which she had been living for over twenty years.

Finally, looking into my eyes, she said, "Thank you so much. Your visiting has made me realize that we should not care too much about what we haven't got, but pay 25 attention to what we have had."

- |                   |              |               |             |
|-------------------|--------------|---------------|-------------|
| 11. A. since      | B. from      | C. after      | D. before   |
| 12. A. engineer   | B. artist    | C. teacher    | D. inventor |
| 13. A. challenged | B. worried   | C. interested | D. troubled |
| 14. A. address    | B. ticket    | C. passport   | D. name     |
| 15. A. hardly     | B. carefully | C. easily     | D. possibly |
| 16. A. kept       | B. continued | C. began      | D. stopped  |
| 17. A. patient    | B. angry     | C. curious    | D. careful  |
| 18. A. How        | B. What      | C. Who        | D. Where    |
| 19. A. studio     | B. house     | C. community  | D. museum   |
| 20. A. carefully  | B. slowly    | C. nervously  | D. quickly  |


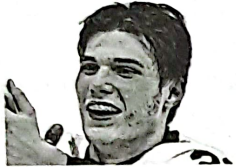




21. A. up B. away C. down D. off  
 22. A. paid B. mistaken C. praised D. decorated  
 23. A. amazing B. interesting C. pleasant D. satisfying  
 24. A. even if B. as if C. so that D. as well as  
 25. A. many B. little C. much D. few

三、阅读理解 阅读下列短文，根据短文内容选择最佳答案。（36 分）

### A

At the Beijing 2022 Winter Olympics, some young athletes made a name for themselves. AFP Sport picks out four talents who look set to rule the 2026 Winter Olympics. Let's take a look!

	<ul style="list-style-type: none"> <li>● <b>Gu Ailing, 18, China</b> <ul style="list-style-type: none"> <li>➤ Three medals in freestyle skiing – two golds in both big air and halfpipe, and a silver in slopestyle.</li> <li>➤ Gu Ailing began playing for China in 2019, and was already famous before the Games. She always encourages the youth to be positive and brave to challenge themselves.</li> </ul> </li> </ul>
	<ul style="list-style-type: none"> <li>● <b>Juraj Slafkovsky, 17, Slovakia</b> <ul style="list-style-type: none"> <li>➤ One bronze medal in Olympic hockey.</li> <li>➤ Slafkovsky is 1.92 meters tall and good at scoring goals. He played against some experienced players <u>twice his</u> age in Games. There might have been no National Hockey League stars at the Olympics, but Slafkovsky has marked the beginning for his country.</li> </ul> </li> </ul>
	<ul style="list-style-type: none"> <li>● <b>Zoi Sadowski Synnott, 20, New Zealand</b> <ul style="list-style-type: none"> <li>➤ Two medals: a gold in slopestyle and a silver in big air.</li> <li>➤ Zoi Sadowski Synnott, a snowboarder made history for her country, winning the country's first ever gold medal in the Winter Olympics.</li> </ul> </li> </ul>
	<ul style="list-style-type: none"> <li>● <b>Nathan Chen, 22, US</b> <ul style="list-style-type: none"> <li>➤ One gold medal in men's figure skating.</li> <li>➤ Much of the attention in the game fell on Japanese idol Yuzuru Hanyu, but that did not influence Chen. He was grace and calm as he won his first gold medal. All the fans believed that Chen would be a superstar like Yuzuru Hanyu in the future.</li> </ul> </li> </ul>

26. The four young athletes attended different kinds of events, **EXCEPT** \_\_\_\_\_.  
 A. big air B. curling C. slopestyle D. figure skating  
 27. How many medals did the four young athletes get in all at the Games?  
 A. 5 B. 4 C. 7 D. 3  
 28. From the information above, we can learn that \_\_\_\_\_.  
 A. Yuzuru Hanyu was paid less attention to during the game  
 B. Gu Ailing became famous after the Beijing 2022 Winter Olympics  
 C. Juraj Slafkovsky played against some experienced players of his age  
 D. Zoi Sadowski Synnott was her country's first to win the gold medal in slopestyle  
 29. On \_\_\_\_\_, readers can most probably read this passage.  
 A. www.we-love-books.com B. www.we-love-sports.com  
 C. www.friends-and-families.com D. www.movie-reviewing.com



## B



“Well, we could use some hot dogs.” I was at the local charity food pantry (分发处) on a cold morning. They had an old shop besides it where I would sometimes stop to pick up a sweatshirt or a book for my sons. Sometimes I would also step back into the food pantry and ask if they needed anything. I got help from food pantries when I was a young father with a hungry family. Now, I like to give back.

This time I could see that most of the shelves were stocked with boxes and cans donated by stores. One thing they said they needed was meat, however, hot dogs were cheap and I didn't mind getting some. I soon went to the local grocery store and filled my car with all the hot dogs I could afford.

As I was paying for them, I thought of my own childhood. I could see my mom boiling two hot dogs in a pot. Next she put each one on a slice of white bread with a piece of cheese. To top it off, she would add a little tomato sauce. It didn't cost much but to me it was a feast (盛宴), cooked with love, eaten with joy.

That memory warmed my heart as I dropped off the hot dogs at the food pantry. It felt good knowing that some other little boy or girl out there would soon be having a happy lunch. I left the pantry with a smile on my face. And as I walked to my car, I could feel my mom smiling down on me from heaven.

The truth is that, when done with love, giving and receiving are the same thing. It all comes back around again.

30. The writer went to the food pantry to \_\_\_\_\_ on a cold morning.
  - A. pick up a sweatshirt for his son
  - B. exchange hot dogs for daily things
  - C. get help and food for his family
  - D. offer to give help back to the charity
31. Why did the writer decide to buy hot dogs?
  - A. Because the grocery store only sold hot dogs.
  - B. Because his mother used to ask him to buy hot dogs.
  - C. Because hot dogs were cheap so he could buy many.
  - D. Because hot dogs were more popular than other foods.
32. As the writer dropped off the hot dogs, he felt \_\_\_\_\_.
  - A. sorry for his mom
  - B. shy for his behavior
  - C. good about giving back
  - D. thankful for the pantry
33. Which of the following is **TRUE** according to the passage?
  - A. This story was written to express the love and memory for his mum.
  - B. The love cures people—both the one who gives it and the one who receives it.
  - C. The writer could always see that all the shelves were filled with donations by stores.
  - D. The hot dog cooked by his mum with love cost much and it was a feast for the writer.

## C



Nowadays, one of the great challenges of caring for children is the roadblock (路障) caused by the learner driver. Your child is almost an adult, but just before the last step, you need to spend 120 of the most stressed hours of your life locked with them in a car, their teenage hands behind the wheel. You know the phrase behind the wheel? It means driving.

① When I decided to teach my first child to drive, I was nervous. I'm not a natural teacher, as I am easily bored and quickly get angry. Worse, I'm not a natural driver. I even failed to get a license at the first time. I can get from A to B without too much trouble, but once I get there, I'm likely to drive into a wall while parking.

② Happily, my first child was a fast, hard-working learner, and always keeping an eye on traffic signs. Still, there were enough small mistakes. And by the time it was his younger sister's turn, my nerves were already shot. My daughter was bright and talented, but on the roads, it seemed that she was just out of control. Even after hours of professional driving lessons, her every move behind the wheel is fresh and unexpected. Even after 40 hours of driving, mistakes happen at times. We will be driving along beautifully for 30 minutes, and once I begin to relax, my daughter will sail through a red light.



③ Even if she passes her test, who can be sure that she won't forget the next red light as soon as she's out there on her own? One of my friends has refused to teach her daughter to drive as she is "just not responsible enough" to be on the road. A middle-aged friend of mine gave up trying to get his license after the eighth failure.

④ We often think that everyone should drive, but perhaps there are some people who just shouldn't be behind a wheel. What if my daughter is one of them? Well, I don't know. At least not yet. If it's the end of the world, maybe we can stop driving lessons for a while?

34. Why does the author mention her own driving story in Paragraph 2?

- A. To explain what makes a good driver.
- B. To explain why her children couldn't drive well.
- C. To explain why learner drivers cause roadblock.
- D. To explain why she was worrying about teaching driving.

35. The underlined sentence in Paragraph 3 probably means \_\_\_\_.

- A. the author was pleased
- B. the author was nervous
- C. the author was relaxed
- D. the author was expected

36. "As much as I expect her to have a license, I find myself wondering if it's a good idea." can be put in \_\_\_\_.

- A. ①
- B. ②
- C. ③
- D. ④

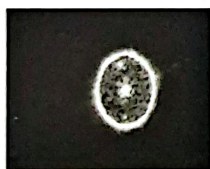
37. The author would probably \_\_\_\_ in the following days.

- A. continue to teach her daughter to drive
- B. let her daughter take professional driving lessons
- C. encourage her friend to take the driving test again
- D. advise her daughter to give up her driving lessons

38. The best title for this passage can be \_\_\_\_.

- A. Challenging yourselves
- B. Being a natural driver
- C. Worries behind the wheel
- D. Discovering your ability

## D



When you look at the night sky, what you see are actually lots of "power plants". Every star can make a huge amount of energy through nuclear fusion (核聚变). For years, scientists have tried to make this kind of energy. They need to make a "mini star" on Earth. Recently, some scientists made a big step forward.

In February, the Culham Centre for Fusion Energy in Oxfordshire, UK, doubled a world record made in 1997. The machine there, named Jet, used fusion engines(发动机) to make the same amount of energy as four wind turbines(涡轮机) make, reported The Guardian.

In the past, no experiment could make more energy than what was used to start the fusion engine. This new experiment, although only lasting five seconds, showed it's possible to make more power.

The reaction stopped when the equipment got too hot. This problem can be solved with cooling systems. Future fusion reactions may last much longer than five seconds—minutes or even hours.

Why do we care so much about star power? Fusion reactions would provide power for everyone on Earth—enough for everyone to use for thousands or millions of years. They're also clean – they don't produce pollutions.

You may wonder why fusion energy is so hard to make. Creating conditions similar to a star is not easy. The machine must reach temperatures as high as 10 times that of the sun.

Even so, it's time to get excited about star power.

39. What does "power plants" in Paragraph 1 refer to (指)?

- A. fusion engines
- B. stars in the sky
- C. nuclear plants
- D. mini stars on Earth

40. The machine that made the new record can produce as much energy as \_\_\_\_.

- A. a wind turbine
- B. two wind turbines
- C. four wind turbines
- D. eight wind turbines

41. \_\_\_\_ can make the reaction last longer according to the passage.

- A. Using a cooling system
- B. Starting a new experiment



- C. Creating a warmer environment                      D. Keeping the equipment hot
42. The purpose of Paragraph 5 is mainly to talk about \_\_\_\_\_.  
 A. the way to find cleaner power                      B. the amount of energy inside a star  
 C. the advantages of fusion reactions                      D. the difficulty in making fusion energy
43. Which information can we **infer** from the passage?  
 A. It is not very difficult to make fusion energy on the Earth.  
 B. It has been common to use fusion energy in our everyday life.  
 C. It is impossible to make more power than before by the new experiment.  
 D. It will be a landmark in history if fusion energy can be successfully carried out.

## 第 II 卷 非选择题 (59 分)

四、阅读表达 阅读下面的短文，根据短文内容回答问题。(10分)



I'm a rather smart person who has spent nearly 10 years learning mechanics(机械学), but I have no formal education. I have always struggled to make people trust me.

This year, I started another factory job, which provided a bit higher pay than my last one. I was making \$13.50 an hour at my last job and hardly make a living. I felt I would probably live a better life! My neighbor bought a used Harley motorcycle that everyone thought it had some serious damage. After taking a look at it, I said that I would be able to repair it. As a result, I saved them \$2,000 that they expected to pay to rebuild it. They were impressed with my work and told many of their friends about me. I got a lot of new business just through word of mouth.

In about two months I had over a dozen people coming to me for work and I was making great money. I was making thousands a month from part-time jobs on a good month. But because of the instability of the work, it was not certain for me to get enough money every month, I still couldn't leave my day job at that point.

Then I got a job through one of my customers working on heavy equipment and diesel trucks (柴油汽车). I was able to impress them by solving difficult problems quickly. They offered me another job that started even higher – \$17 an hour. I finally made some progress.

In one year's time I went from being the lowest level worker to having bosses ask me to work for them. Now I can honestly say I feel truly proud of myself and my skills.

根据文本内容回答下面 5 个问题，每题答案不超过 7 个词。

44. Why has the writer tried his best to get others' trust?



45. When did the writer get more business?



46. How much money can the writer make if he does a part-time job for 3 hours now?



47. Why couldn't the writer leave his day job?



48. What can we learn from the writer?



五、任务型阅读 阅读下面短文，根据所读内容在文章后表格中的空格里填入一个最恰当的单词，每个空格只填 1 个单词。(10 分)

Dreams and goals are important because they give us a ruler against which to measure our progress. But progress, not meeting a goal, is what brings true happiness.

After winning the silver medal in women's single figure skating at Beijing 2022, Alexandra Trusova was heard screaming that she hated the sport. Even the gold medalist,



Anna Shcherbakova, said that “this has been what I’ve been working toward every day...” You can feel in her words the emptiness in her heart.

This kind of pressure might be difficult for you to imagine. After all, you probably aren’t an Olympic athlete. But have you ever connected your happiness to a far-off goal that you could achieve only by putting great efforts into it? Maybe it’s finishing a degree or gaining a certain amount of income.

Researchers have found that satisfaction is brought about not by big wins, but rather by making progress in meaningful work.

Some researchers have argued that when a goal is the final point for progress, the sudden stop is the process of forward can lead to a feeling of emptiness, which is exactly what Shcherbakova described in Beijing. This doesn’t mean that you should give up all goals, however. You just need to understand and pursue them in different ways.

- Enjoy the journey not the destination. Instead of chasing a goal with a single eye, think more on about whether you’re getting anything out of your progress right now.
- Think about the purpose of your goals. The point of a useful goal is to improve your quality of life by changing, not to limp(艰难地移动) across the finish line and stop after a difficult challenge.
- Take one step at a time. Researchers have found that common, small achievements help to start a cycle of success and happiness much more than rare, big ones. Make sure you can break your long-term goals into smaller tasks. Enjoy the daily and weekly achievements that you know are leading you down the road to success.

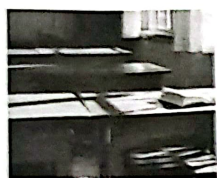
The writer’s opinion	What brings you happiness is not meeting a <u>  49  </u> , but progress.		
People’s feelings	Alexandra Trusova	A sports woman lost the <u>  50  </u> place	Screamed out that she hated the sport.
	Anna Shcherbakova	A sports woman won the first place	Achieved the goal she had been worked for, but felt <u>  51  </u> in her heart.
	You	Not an Olympic athlete	May feel difficult to understand the athlete’s pressure, but ever connected the happiness to a goal <u>  52  </u> to achieve.
Researchers’ opinions	One may feel <u>  53  </u> not only when he wins, but also when he makes progress in meaningful work.		
	The goal is the final point for progress. If someone <u>  54  </u> suddenly in the way, he may feel empty.		
The writer’s advice	<ul style="list-style-type: none"> <li>● Instead of paying only attention to where you go, value what you can get <u>  55  </u> the progress you make.</li> <li>● Instead of just trying to rush past the finishing line and stop, make sure what you want to achieve does help to <u>  56  </u> your quality of life by changing.</li> <li>● Instead of setting rare and big goals, break them into <u>  57  </u> tasks and finish them step by step, so that you can make progress day by day to start a cycle of success and <u>  58  </u>.</li> </ul>		



六、词汇运用 根据句意，用括号中所给单词的正确形式填空。（每空不限一词）（9分）

59. Nancy's most successful moment came in her ▲ (forty).  
60. Parents had better tell their kids that it is better ▲ (fail) than to cheat.  
61. I forced ▲ (I) to like all the people around me, although this is not easy.  
62. Owls are ▲ (active) mainly during daytime and they hunt when it's completely dark.  
63. ---What ▲ (make) smartphones fun and useful?  
---The interesting apps, like WeChat and Tik Tok.  
64. With the development of technology, the 5G service will be ▲ (wide) used all over the country.  
65. Luoyang Museum of Ancient Art catches ▲ (visit) eyes with a series of mystery treasure.  
66. Studies show that ▲ (careful) you read, the more you understand what you have read.  
67. In ancient Italy, it's unbelievable that high-heeled shoes ▲ (design) for men and had a practical purpose.

七、短文填空 根据短文内容及首字母提示，补全空格内单词，使短文完整、通顺。（请在答题卡上写出完整单词）（10分）



Cartoon characters are very cute. As a big fan of cartoons, I've watched almost every movie from Pixar, Aneplax... and for sure, Disney.

When my English teacher p 68 the song *Let it Go* in her class on a Friday, I suddenly realized how long it had been since the film was first shown. While listening to the familiar music, I couldn't stop s 69 along with the music and sharing sweet memories of the song with my classmates. One of my classmates talked about how she got the role of Anna in a p 70 during her primary school.

I remembered watching the film with my old friends. I could even see the bright s 71 on the face of a little girl. That little girl was me at 10 years old. It felt just like yesterday. And now I'm a middle school student, worrying about the senior high school entrance examination and finding it rather d 72 to spare some time for a movie.

As I looked around the classroom, I saw my friends, l 73 themselves in the song.

Well, life has taken me somewhere n 74, and it has taken me away from my old friends.

But still, you'll meet another group of people, who s 75 the same interests with you. Sometimes, you'll find the world is really small.

Of course, I miss my old friends a lot. This song reminds me of my lovely childhood and this is now also true for my new friends. We all have the e 76 of running in the ice and snow, just like what Elsa does in the film.

Therefore, we shouldn't be afraid of lost time. What we can do is to a 77 whatever life throws us with a fearless smile.

八、书面表达（20分）

请以“           make(s) me           ”为题写一篇短文。

要点：

1. 根据标题，自拟表达内容和框架，主题意义积极向上，思路表达清晰，文章结构完整；
2. 词数：100 左右。

           make(s) me           

