**2021-2022学年黑龙江省佳木斯市同江市勤得利学校八年级（下）第一次月考英语试卷**

**一、完型填空（共1小题，计15分）**

1．（15分）When I was a junior high school student in 1980，God gave me a gift.It was happiness.

One weekend，I went to visit my grandparents in the countryside.On my way home a car ran me over and cut off my（1）　 　 because of its high speed.

Several days later when I（2）　 　 in the hospital，I realized I had to spend the rest of my life（3）　 　 arms.How sad I felt at that time!Even I was full of fears.（4）　 　 slowly I knew I had to face the fact and got over it.I couldn't get my arms back even though I（5）　 　 every day.

However，it's easier said than（6）　 　.It took me nearly half a year to get out of the sadness（7）　 　.

I got so much from my past story.From then on，I could treat my life with a（8）　 　 mind.But in our daily life，I often see my classmates get（9）　 　 about little things：They get a bad grade on a test；their bus comes（10）　 　；they don't have a mobile phone but（11）　 　 have，and so on.But I only enjoy life.I was lucky to realize from an accident：It is a waste of our life to focus on what you have（12）　 　.We should always think of what we have.So why are so many people unhappy？Someone may say， "My whole life would improve（13）　 　 I have a new car. "But when you get the car，what will（14）　 　？Maybe you are happy for a whole week.And then you will go right back to being unhappy.

Happiness（15）　 　 what we have!It' s in our heart.It's a state of mind.Even though you own the whole world，you may feel unhappy.Happiness comes from mastering the art of appreciating （感激）and taking pleasure in what you really have.

|  |  |  |  |
| --- | --- | --- | --- |
| （1）A．feet | B．legs | C．arms | D．hands |
| （2）A．came up | B．woke up | C．cheered up | D．hurried up |
| （3）A．with | B．without | C．for | D．by |
| （4）A．Or | B．So | C．But | D．And |
| （5）A．cried | B．laughed | C．sat | D．smiled |
| （6）A．dreamed | B．done | C．answered | D．cried |
| （7）A．especially | B．strongly | C．completely | D．specially |
| （8）A．crazy | B．normal | C．full | D．empty |
| （9）A．excited | B．nervous | C．worried | D．relaxed |
| （10）A．early | B．late | C．first | D．quickly |
| （11）A．the other | B．another | C．one another | D．others |
| （12）A．lost | B．had | C．found | D．done |
| （13）A．because | B．as | C．if | D．unless |
| （14）A．happen | B．take place | C．use | D．leave |
| （15）A．depends on | B．leads to | C．decides | D．causes |

**二、阅读理解（共4小题，计30分）阅读下列短文，从每小题A、B、C、D四个选项中选出能回答所提问题的最佳答案。**

2．（6分）We know good health and happiness are important in life.Here are some ways to make them easy.

● Eat a balanced diet.Eat a lot of fruit and vegetables，some grains（谷物）and a little bit of meat.

●Exercise twice or three times a week.

● Get enough sleep.It is best to get eight hours of sleep a day.

●To keep yourself busy.This is good because it stops you from having bad habits.To keep yourself busy，you can work around the house，spend time with your pet（宠物），do a sport，or do a hobby you enjoy.

● Go out and make friends.Spend time and have fun with them.Talk with them，but you must be sure not to talk about anything bad.You should stay with the people who are healthy and happy themselves.

（1）How many ways are mentioned（被提及）for keeping healthy and happy？

A.Three.

B.Four.

C.Five.

D.Six.

（2）Which of the following is TRUE according to the passage？

A.We must exercise every day.

B.Sleeping eight hours every night is enough.

C.Keeping yourself busy is bad for your health.

D.We should make friends with all kinds of people.

（3）What's the best title for this passage？

A.Eat a Balanced Diet

B.Exercise and Sleep

C.How to Make Friends

D.How to Keep Healthy and Happy

3．（8分）I'm Monica and I am fifteen years old.I would like to tell you some things about a good book，Chicken Soup for the Teenage Soul（《心灵鸡汤﹣﹣青少年篇》）.

In the book，the authors talked about almost every aspect （方面） of a teenager's life．There are lots of great stories about pressure，love，studies and friendship.The teenagers who wrote the book showed other teenagers that life is not always fair and can be difficult at times，but they never gave up.

One of the stories was about a girl who had no friends and had problems at home.She joined a club，but she thought that the other people didn't like her.So she decided to jump off a bridge.When she was going to put a letter to her parents in the mailbox （邮箱），she found a letter from one of the club members.That girl wanted to be friends with her.Then she realized that someone really cared about her and her life.This，and many other stories，showed me that many people care about you，even if you don't know it.

Another story helped me look at life in a different way.It showed me that words can hurt other people because it is easy to say things，but it is not easy to take those words back.

The book is really very good，and I am sure you will learn a lot from it if you read it．

（1）Who wrote Chicken Soup for the Teenager Soul？

A.Monica

B.Some teenagers

C.A girl who was lonely

D.Some parents

（2）Why did the girl want to jump off a bridge？

A.Because she was hurt by other people's words.

B.Because her parents treated her badly.

C.Because she got bad grades at school.

D.Because she was lonely and thought no one liked her.

（3）The third paragraph is mainly about 　 　.

A.studies

B.hobbies

C.clothes

D.friendship

（4）The writer of this passage mainly wants to 　 　.

A.give us an introduction to a book

B.tell us about her experience of reading

C.tell us other teenagers' stories

D.talk about the advantages of reading

4．（8分）In China，some parents do almost everything for their children these days.They look on their older children or sometimes even adults as babies!It is a very common problem in China because most parents only have one child.

Some parents don't let children do chores or go anywhere by themselves.As a result，their children can't do anything by themselves and have to depend more on their parents.

In fact，no children really enjoy being looked after by their parents all the time.No parents would be happy to know that.As a result of too much care，their children don't know anything about the world!Children need their own time to grow into adults and to learn how to deal with problems.Too much care spoils（破坏） their fun when they are growing up.And when suddenly they can't depend on their parents，these children may be in great trouble.

It is nice that parents show their care to their children.It is nice that children know that their parents' love is out of love，and it will be nicer if the children let their parents know how much love they really need，and how much love is too much.

（1）In the passage，the common problem in China is 　 　.

A.parents only have one child

B.older children or even adults look like babies

C.parents do almost everything for their children

D.parents don't really love their children

（2）What does the underlined phrase "deal with" mean in this passage in Chinese？

A.处理

B.面对

C.提出

D.遇到

（3）What does the writer want to tell us？

A.Children should depend on their parents.

B.Parents should teach their children everything.

C.Parents' too much love is not good for their children.

D.Children need to know their parents love them.

（4）What's the best title for the passage？

A.Help your children

B.We don't need love

C.Children are always children

D.Children are no longer babies

5．（8分）In every country，there are thousands of people who want to help out.Many join organizations run（管理）by their governments，for example，the Peace Corps in the United States and Voluntary Service Overseas in Britain.Since the powerful（猛烈的）earthquake took place in Sichuan，more than 200，000 volunteers across China have been helping there!They do all kinds of work or come up with ways to help improve life.Some offer their professional skills for free.Others have no qualifications（资历），but they love to work hard to help.

One of the most famous volunteers in the world was Mother Teresa.She could be the best volunteer because she gave her life to helping the poorest people of Calcutta.She helped the homeless，cared for the sick，gave out food，and became the mother of those without families．

Now more and more teenagers actively look for volunteering opportunities，too.They volunteer because they think it will be fun or they will learn something.They also like the idea of being helpful to others，even if it is just handing out books for the teacher.As they get older，these reasons are still the same，but there are other important reasons for volunteering such as learning on﹣the﹣job，getting work experience，and improving their social life.

All volunteers bring joy to the people they help in so many ways.They might read books to the blind，fix up broken homes，find ways to get water for villages.Could you be a volunteer？What kind of volunteer work could you do？There is someone in the world who needs you．

（1）The Peace Corps is 　 　 in the United States.

A.a city

B.an organization

C.a volunteer

D.a school

（2）The underlined word "those" in the passage means " 　 　".

A.the homeless

B.the sick

C.the poor

D.the kids

（3）What is NOT the reason for teenagers to be volunteers according to the passage？

A.They want to make more friends.

B.They want to be helpful.

C.It helps them get work experience.

D.It can improve their social life.

（4）What is the main idea of this passage？

A.The world needs volunteers.

B.Mother Teresa was a great volunteer.

C.Volunteers do all kinds of work.

D.Volunteer organizations are run by government.

**二、第Ⅱ卷根据首字母及汉语提示填空（共10小题，计10分）**

6． We're old enough and we shouldn't d 　 　 on our parents too much.

7． Peter wants to sell books to r 　 　 money to help a poor child.

8． It's not good to copy others' homework．We should do homework by o　 　．

9． When she first went to university， she felt very l　 　because she knew no one there．

10． She s 　 　 the floor and washed the clothes at home yesterday.

11． You can't 　 　（想象）how happily we played in the park last Sunday.

12． I don't like taking a bus，there are usually too many 　 　（乘客）on it.

13．She 　 　（借）a picture book from the library last week.

14． It's 　 　（公平的）for kids to share housework with their parents.

15． More and more people get to know the 　 　（重要性） of health.

**四、语法填空（共1小题，计20分）填入适当的单词或用括号内单词的适当形式填空。**

16．（20分）Helen Monson was always（1）　 　（interest）in helping her community（社区）.Her first volunteer experience was for the American Red Cross（美国红十字会） when she was in high school.She（2）　 　 （volunteer） almost every year .One summer she gave（3）　 　 food，and another year she organized（4）　 　 art program．

After she retired （退休），she started volunteering to help the old.When her father got（5）　 　（old），he was not able（6）　 　（see） clearly，which made her sad，because he always enjoyed（7）　 　（read）．She thought it would be helpful to read to elder people in her community.She also helped one woman write her（8）　 　（story）．Ann was almost 100 years old，and Helen wrote down information about her life（9）　 　she visited her.She put the information in a book and got it published（出版）.Ann was very（10）　 　（excite）to share her life stories with her children and grandchildren.

Helen says，"The most enjoyable part of volunteer work is becoming friends with the people I help."

**五、阅读表达（共1小题，计10分）阅读短文，根据要求完成文后的题目。**

17．（10分）Now students' English handwriting（书法） gets worse and worse．That makes their teachers feel worried.Is your English handwriting beautiful？If not，here are four steps that really work!

•Use paper with lines（线条）

Using paper with lines can keep your writing straight when you write English words or sentences.Those lines on the paper can help you to write words in the right size.

•Slow down

If your writing is hard to read，try slowing down a little.For some kids，going slower makes the handwriting clear.If you write too fast，it's hard for you to stop where you should，and even worse，you may make more mistakes．

•Hold your pencil right

When you hold（握）your pencil the correct way，writing is much easier.Try to be relaxed and don't hold the pencil so hard while writing，and then it makes your handwriting nice and clean. If you hold your pencil right，people will think you are a student with a good habit．

•Draw more pictures

Drawing can improve your handwriting.You need to use the skills to control（控制） your pencil better when you are drawing pictures.If you have no time for drawing at school，you can practice it at home.

Some have good handwriting and some don't.Anyway，handwriting is very important.You need to take time to improve it.

（1）The students' bad English handwriting makes teachers 　 　. （only 2 words）

（2）How many ways to improve handwriting are mentioned in the passage？ 　 　. （only 1 word）

（3）What should you do if your handwriting is hard to read？ （no more than 7 words）

（4）将文中画线的句子翻译成汉语。

（5）请给短文拟一个适当的英文标题。

**六、写作（共1小题，计15分）**

18．（15分）假设Susan是你的美国笔友，她两周前来中国学习，感到很孤单，学习压力也很大，经常头疼，昨天还感冒了。请你给她发一封电子邮件，告诉她应该如何解决这些问题。

80词左右，电子邮件的格式已给出，不计入总词数。

Dear Susan，

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Yours，

Zhang Jun

**2021-2022学年黑龙江省佳木斯市同江市勤得利学校八年级（下）第一次月考英语试卷答案**

**一、完型填空（共1小题，计15分）**

1．（1）C（2）B（3）B（4）C（5）A（6）B（7）C（8）B（9）C（10）B（11）D

（12）A（13）C（14）A（15）A

**二、阅读理解（共4小题，计30分）阅读下列短文，从每小题A、B、C、D四个选项中选出能回答所提问题的最佳答案。**

2．（1）C（2）B（3）D

3．（1）B（2）D（3）D（4）A

4．（1）C（2）A（3）C（4）D

5．（1）B（2）D（3）A（4）A

**二、第Ⅱ卷根据首字母及汉语提示填空（共10小题，计10分）**

6．depend 7．raise 8．ourselves 9．lonely 10．swept 11．imagine

12．passengers 13．borrowed 14. fair 15．importance

**四、语法填空（共1小题，计20分）填入适当的单词或用括号内单词的适当形式填空。**

16．（1）interested （2）volunteers （3）away （4）an （5）older

（6）to see （7）reading （8）stories （9）after （10）excited

**五、阅读表达（共1小题，计10分）阅读短文，根据要求完成文后的题目。**

17．（1）feel worried. （2）Four（3）Try slowing down a little

（4）如果你正确握笔，人们会认为你是一个有良好习惯的学生。

（5）How to improve your handwriting.

**六、写作（共1小题，计15分）**

Dear Susan，

I'm sorry to hear that you're not feeling well. You are new here，so you may feel lonely. I think you should make some Chinese friends. Also，you shouldn't study too late in the evening. It's bad for your health.If you have problems，you can ask your teachers or classmates for help. They're friendly.What's more，you should take exercise.You said you had a cold. If so，you should go to see a doctor in time.I hope you feel better soon.

Yours，

Zhang Jun