Unit 2 How often do you exercise?

一、单项选择

( )1.What does he usually do weekends?

A.in B. on C. for

( )2.It's good to exercise every day.

A.to my health B.for my healthy C.for my health

( )3.---What does your father do in the morning? --- He usually .

A.watch TV B.exercises C.read books

( )4.---I didn't know you take a bus to school.

---Oh, I take a bus, but it is snowing today.

A.hardly B.sometimes C.usually

( )5.--- did you stay there? ---A month.

A.How often B.How many times C.How long

( )6. "60% of the students like watching TV. " means " students like watchingTV."

A.All B.Most C.Some

( )7.Here my favorite books.

A.are B.is C.be

( )8. he is a beginner, he speaks English very well.

A.Though; but B.But; though C.×; but

( )9.Some students watch TV three four a week.

A.and; times B.and; time C.or; times

( )10.My sister likes fruits she doesn't like vegetables.

A.and B.but C.or

( )11.Jim's parents want him more fruit.

A.eating B.eat C.to eat

( )12.We go out to eat but not very often.

A.usually B. always C.sometimes

( )13.--- do you read English? ---Twice a day.

A.What B.How often C.How much

( )14.It's very important for us English well.

A.learn B.learning C.to learn

( )15.Can you speak a little louder? I can hear you.

A.hardly B.really C.clearly

二、完形填空

Sports and games are good 1 our health. They can 2 us strong, stop us from getting 3 fat and keep 4 and happy. Especially (特别是), they can help the people who work with their brains(大脑) 5 of the day to study better, for sports and games let people 6 their body. They make our life richer and more colorful. If we 7 have a strong body, we can 8 do things well. So persons of all ages enjoy 9 and taking part in 10 kinds of sports-track and field(田径), swimming, skateboarding and ball games.

( )1. A. at B. for C. to

( )2. A. take B. find C. keep

( )3. A. to B. too C. a lot of

( )4. A. health B. healthy C. unhealthy

( )5. A. all B. many C. most

( )6. A. exercise B. to exercise C. exercising

( )7. A. aren't B. do C. don't

( )8. A. always B. hard C. hardly

( )9. A. seeing B. watching C. reading

( )10. A. difference B. different C. difficult

三、阅读理解

A

Good health is very important. Everyone should do all he/she can to stay healthy. Being in good health means having both body and mind in good order and being free from illnesses and pains.

Good food, plenty of water, cleanness and plenty of rest all help in keeping our body working as it should. Food does many things for our bodies. It gives what we need for keeping good health. It gives us energy for working and playing. No food gives everything we need, so we should eat different kinds of foods. Having enough to eat is not the same as having the right food.

The water we drink helps wash away wastes inside our bodies. It also makes up for the water we lose when we perspire(出汗). More than half of the body is actually water.

We feel better and look better when we are clean. A bath every one or two days is a good habit for most of us. Brushing our teeth is an important part of keeping clean and healthy.

Sleep is the best kind of rest. Growing children need more sleep than grown-ups.

( )1. We are healthy when both our mind and body work well.

( )2. We should have foods of different kinds because different foods taste different.

( )3. We drink water in order to make up for wastes in our bodies.

( )4. We can have the best rest when we are sleeping.

( )5. The passage is about how to be healthy.

B

People in the UK spend their free time in different ways.They usually use it to relax.They spend a lot of their free time at home.The most popular activity is watching TV.People in the UK watch TV for about 25 hours a week.They often record(录制) programs so they can watch them later.Reading is also a popular way of spending free time.People in the UK spend a lot of time reading newspapers and magazines.Many people in the UK have pets.They like playing with their pets in their free time.

In summer，gardening(园艺) is popular.And families often have a "day out" on the weekend.They often go to a festival or see a show.Young people like to go to clubs，and people of all ages like to go to the cinema.

In winter，"do­it­yourself" is popular.People often spend their free time repairing(修理) houses.

Some free time activities are with friends.Asking friends for a drink or a meal at home is the most usual one.Sometimes people and their friends have dinner in a restaurant.

On the weekend，people in the UK like to spend their free time doing sports.The popular kinds of sports are soccer，horse racing，swimming，tennis，skating，climbing and hill walking.

(　)6.What is the favorite free time activity of people in the UK?

A．Reading. B．Watching TV. C．Doing sports.

(　)7.\_\_\_\_\_\_\_\_is popular in winter in the UK.

A．Gardening B．Seeing a show C．Repairing house

(　)8.We can find\_\_\_\_\_\_\_\_kinds of popular sports in the passage?

A．5　　　 　B．6　　　　 C．7

(　)9.Which of the following is TRUE according to the passage?

A．People in the UK often record TV programs.

B．People in the UK like to do sports in the morning.

C．People of all ages in the UK like to go to clubs in summer.

(　)10.What is the passage mainly about?

A．People in the UK like making friends.

B．People in the UK enjoy different festivals.

C．What people in the UK do in their free time.

四、 根据汉语提示完成下列句子。

1．她至少吃了两碗面条。 She ate\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_two bowls of noodles.

2．我周六学习摇摆舞。 I learn\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_on Saturdays.

3．二十多个学生参加了美术俱乐部。\_\_\_\_\_\_\_ \_\_\_\_\_\_twenty students joined the art club.

4．他通常每周熬夜一次。He usually \_\_\_\_\_\_\_\_ up \_\_\_\_\_\_\_\_ a week.

5．谁告诉了你这个问题的答案？Who told you the \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_the question?

五、句型转换。

1. I often read newspapers in the evening. (改为一般疑问句)

\_\_\_\_\_\_ you often \_\_\_\_\_\_ newspapers in the evening?

2. The girl often helps her mother clean the room. (改为否定句)

The girl \_\_\_\_\_\_ \_\_\_\_\_\_ \_\_\_\_\_\_ her mother clean the room.

3. The twins usually play basketball on weekdays. (对划线部分提问)

\_\_\_\_\_\_ \_\_\_\_\_\_ the twins usually \_\_\_\_\_\_ on weekdays?

4. My sister goes to the concert once a month. (对划线部分提问)

\_\_\_\_\_\_ \_\_\_\_\_\_ \_\_\_\_\_\_ your sister \_\_\_\_\_\_ to the concert?

5. Bill always gets up late. (改为否定句)

Bill \_\_\_\_\_\_ \_\_\_\_\_\_ up late.

六、书面表达

假如你是某英语俱乐部的成员，本周你们将就“My reading habits”这个话题进行讨论，请你根据以下提示写一篇英语短文(80词左右)，为此做准备。

提示：1. How often do you read?

2. How long do you read each time?

3. What kind of book do you like best?

4. Do you often go to the library or not?

My reading habits

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Unit 2

一、1--5. BBBCC 6--10. BACCB 11-15. CCBCA

二、1--5. BCBBC 6--10. ACCBB

三、1--5. TFFTT 6-10. BCCAC

四、1.at least

2. swing dance

3. More than

4. stays late

5. answer to

五、1. Do; read

2. doesn’t often help(hardly ever helps)

3. What do; do

4. How often does; go

5. never gets

七、略