八年级上学期英语第二单元达标测试题

（时间：45分钟，满分：100分）

I．单项选择。（20分）

（ ）1．- \_\_\_\_\_\_\_\_\_ do you eat out,Molly?

-Once a month.

A.How often B.How far C.How long

（ ）2．\_\_\_\_\_\_\_\_my grandpa is over 80 years old, he still looks strong and healthy.

A.Although B.Because C.Unless

( )3.-Why do you often exercise?

-Because it is good \_\_\_\_\_\_\_\_\_ my health.

A. With B.at C.for D.to

( )4.-Why did you go to the \_\_\_\_\_\_\_\_\_? -For teeth cleaning.

A.park B.cinema C.market D.dentist

( )5. -Are you free this Sunday? -No,it's quite \_\_\_\_\_\_\_\_\_ for me.

A.hungry B.old C.empty D.full

( )6.The old woman \_\_\_\_\_\_\_\_\_ leaves her house because she can't walk far.

A.usually B.ever C.hardly D.always

( )7.Li Lei \_\_\_\_\_\_\_\_\_ TV \_\_\_\_\_\_\_\_\_ two hours every day.

A.watched;for B.watches;for

C.watched;at D.watches;at

( )8.Forty \_\_\_\_\_\_\_\_\_ of the students in our class \_\_\_\_\_\_\_\_\_ in the countryside.

A.percent;live B.percent;lives

C.percents;live D.percents;lives

( )9.It is exciting \_\_\_\_\_\_\_\_\_ in the sea. So I like to go to the beach on weekends.

A.swim B.to swim

C.swimming D.go swimming

( )10.Hamburgers aren't \_\_\_\_\_\_\_\_\_ food.We can't eat too

A.heath;much B.health;many

C. healthy;much D.healthy;many

II．完形填空。（10分）

I am a 1 girl. I have a happy family. There are 2 people in my family. They are my parents,my 3 and I. All of us have good eating habits. My father isa doctor. He likes to eat noodles and meat. But he 4 eats too much meat.He eats meat once a week. He never 5 coffee. He often drinks green tea. My mother is a 6 .She meets interesting people and talks with them. She works at a TV station.She likes to eat vegetables and fruit. She eats vegetables for every meal and she eats fruit every night. She often has apples and oranges. My brother Jim loves hamburgers and French fries, but my father doesn't let him 7 too many, so he eats them two 8 three times a week. He has to eat vegetables and fruit and drink milk every day. My mother says they are good for him. I like tomatoes and broccoli very much. Sometimes I eat beef and mutton, but I never eat junk food. I think good food can help me get 9 grades.How 10 you, my friends?

( )1.A. fourteen years old B.fourteen-year old

C.fourteen-year-old D.fourteen year old

( )2.A.three B.four C.five D.six

( )3.A.father B.mother C.sister D.brother

( )4.A.never B.always C.usually D.often

( )5.A.eat B.eats C.drink D.drinks

( )6.A.teacher B.policewoman C.reporter D.bank clerk

( )7.A.eat B.to eat C.eating D.ate

( )8.A.to B.or C.and D.with

( )9.A.bad B.well C.good D.terrible

( )10.A.for B.with C.at D.about

III．阅读理解。（20分）

A

We all need to exercise. Doctors say it is good for us. It makes your heart and body strong. It also gives you more energy. And you will feel better about yourself. It's best to exercise twice a week. Twenty minutes each time is enough（足够）.

There are many ways to exercise. You can walk, run, play sports, or swim. Many people go to special （特殊）places to exercise.

They are called “fitness centers”. These places have a lot of equipments（设备）. Some people buy equipment for their homes. But it is very expensive.

Exercising can be fun. Friends can exercise together at a fitness center. Or, they can play sports together. How do you exercise?

( )1.What is the main idea?

A. Exercise equipment is expensive. B.Exercise equipment is not expensive.

C. Every person should exercise. D.Only students need exercise.

( )2.We should exercise \_\_\_\_\_\_\_\_\_

A.every day B. 20 minutes a week

C.twice a week D.twice a month

( )3.At fitness centers, \_\_\_\_\_\_\_\_\_.

A. you can buy expensive equipment

B.people can do many kinds of exercising

C. it is very expensive

D. you can only run

( )4.Which of these kinds of exercising is not in the article?

A.Dancing. B.Swimming. C.Sports. D.Running.

( )5. Which of these sentences about exercising is true?

A. Exercising is expensive. B. Exercise is not good for old people.

C. Only doctors exercise. D.Exercise is good for your heart and body.

B

Many children love junk food. It's bad for their health. (1) Their parents don't want them to eat too much junk food. Although they know it's not a good habit, they still eat it. Some of them eat this kind of food every day. Some only once or twice a week.

Paul has such a habit, too. He hardly ever exercises. He eats lots of junk food because he loves it. When Paul has money, he buys junk food. His parents worry about him,but he says:“Maybe I'm not very healthy, but I enjoy myself.”

6. Do many children love junk food? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

7. Is junk food good for children's health? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

8. How often does Paul exercise? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

9．请将文中划线的句子译成汉语。\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

10．请给短文拟一个适当的英文标题。 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

IV．词汇运用。（10分）

A）根据句意及首字母提示完成单词。

1.-Where is our teacher?

-I saw him in his office just now.M\_\_\_\_\_\_\_ he is still there.

2.A\_\_\_\_\_\_\_ I like watching TV, I don't watch it too much.

3. We all know that fruit and vegetables are good for our h\_\_\_\_\_\_\_.

4.My mother is very busy. She has to do much h\_\_\_\_\_\_\_\_\_\_ after she comes back from work.

5.-What's your favorite TV p\_\_\_\_\_\_\_ ? -I like to watch basketball games.

B）用所给词的适当形式填空。

6. My parents take a walk \_\_\_\_\_\_\_(two) a day.

7.The girl is good at writing and she wants to be a \_\_\_\_\_\_\_ (write).

8.My father wants me \_\_\_\_\_\_\_(help) him clean his car.

9.Here are the \_\_\_\_\_\_\_ (result) of the student activity survey.

10. He likes sports, such as . \_\_\_\_\_\_\_ (swim) and basketball.

V．根据汉语提示完成英语句子，每空一词。（10分）

1．我认为最好的放松方法是通过锻炼。

I think the best way to relax is \_\_\_\_\_\_\_ \_\_\_\_\_\_\_.

2．我们应该每周至少锻炼四次。

We should exercise \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_ four times a week.

3．妈妈几乎从不看电视。Mum \_\_\_\_\_\_\_ \_\_\_\_\_\_\_ \_\_\_\_\_\_\_TV.

4．百分之九十的学生总是使用电脑。

\_\_\_\_\_\_\_ \_\_\_\_\_\_\_ of the students always use the computer.

5．你多久帮忙做一次家务？

How often do you \_\_\_\_\_\_\_ \_\_\_\_\_\_\_ housework?

VI．短文填空。（10分）

根据句意及首字母提示填空，完成短文。

I have three good friends. They are Mike, Linda and Mary. Linda and Mary are very h 1 but Mike isn't. Linda has a good eating h 2 . She likes to eat fruit and vegetables every day. For breakfast, she likes apples and bananas. She also d 3 a cup of milk for breakfast. For lunch, she eats many vegetables and chicken. She has dumplings and vegetables for dinner.She n 4 drinks coffee. She thinks it's bad for her health.

Mary likes to e 5 . She often runs in the morning and r 6 her bike to school every day. In the afternoon, she likes to play volleyball with her classmates.After dinner, she always goes for a w 7 with her mother. But Mike doesn't exercise at a 8 .He always gets up late and goes to school without breakfast. He likes to eat j 9 food at school.He h 10 ever exercises and doesn't like to play sports. So he is very unhealthy.

1.\_\_\_\_\_\_\_\_\_\_\_ 2.\_\_\_\_\_\_\_\_\_ 3.\_\_\_\_\_\_\_\_\_\_\_ 4. \_\_\_\_\_\_\_\_\_\_ 5. \_\_\_\_\_\_\_\_\_\_\_

6.\_\_\_\_\_\_\_\_\_\_ 7. \_\_\_\_\_\_\_\_\_\_ 8. \_\_\_\_\_\_\_\_\_\_ 9. \_\_\_\_\_\_\_\_\_\_ 10. \_\_\_\_\_\_\_\_\_\_

VII．书面表达。（20分）

假如你最好的朋友叫Kate，她的各方面习惯都很好，请从以下几个方面向大家介绍一下她的生活习惯。词数不少于60个。

提示：1．在学校学习很努力，经常在家看书，有时上网。

2．身体很健康，每周锻炼三四次，每天步行上学。

3．饮食习惯很好，每天吃很多蔬菜和水果。

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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I.1.A 2.A 3.C 4.D 5.D 6.C 7.B 8.A 9.B 10.D

II.1.C 2.B 3.D 4.A 5.D 6.C 7.A 8.B 9.C 10.D

III.1.C 2.C 3.B 4.A 5.D 6.Yes,they do.7.No,it isn't. 8.He hardly ever exercises.

9．他们的父母不想让他们吃太多的垃圾食品。 10.Junk food

IV.1.Maybe 2.Although 3.health 4.housework5.program 6.twice 7.writer 8.to help

9.results 10.swimming

V.1.through exercise 2.at least 3.hardly ever watches 4.Ninety percent 5.help;with

VI.1.healthy 2.habit 3.drinks 4.never5.exercise 6.rides 7.walk 8.all 9.junk

10.hardly

VII. One possible version:

Kate is my best friend. She studies hard at school, and she likes reading very much. She often reads some books at home. Sometimes she uses the Internet. She is very healthy. She exercises three or four times a week, like playing basketball and running. She walks to school every day. She has good eating habits, too. She eats lots of fruit and vegetables every day.